

# IN: A GUIDE FOR SPIRITUAL FORMATION! JOSH REED // NOVEMBER 10, 2019

## LEARNING TO LIVE IN GOD'S GRACE

Spiritual Formation: Regular practices motivated by God's affection for us and our returning affection for God that place us where God can transform our souls

John 15:1-16 Matthew 13:1-9

If we accept these invitations, it benefits us and our community!

All of us are to live the Gospel

## The Grace of God

How did grace flow from Jesus' life? Luke 19:1-10; John 4:1-54; John 13:1-17; Matthew 19:13-15; Matthew 8:5-13; Mark 2:1-12

How can the grace of God flow from our life?

## The Cycle of Works vs. The Cycle of Grace

The Cycle of Works tells us: We only find acceptance when we can prove our worth over and over

The Cycle of Grace: Input from God fuels our output, instead of what we produce dictating what we receive

You are accepted by God. You are a child of God in whom God dwells and delights.

Jesus built into his life a number of practices that sustained him Prayer, Solitude, Silence, Fellowship, Celebration, A rich relational life, community worship participation, Scripture...

What is sustaining your life with God?

### Significance

What did Jesus' life signify?

Our lives are a sign of God: How is your life a sign of God and God's love in the world?

The way that you are is a gift to the world, let's discover what that is by being close to Jesus Romans 12

#### Fruitfulness

How does what we do by God's grace flow out into the world?

How did grace flow out of Jesus' life into others and into the life of the world?

When we live in this cycle, our fruitfulness to the world is multiplied and abundant AND comes from a healthy place.

If we live the cycle of grace found in Jesus' life, it leads to abundance, joy, well-being, wholeness, peace, health, and beyond.

## REFLECT

Questions to reflect on your time of personal silence, with the family and / or in your life group.

1. Share our understanding of what the message was about?

2. How can we apply and integrate this message into our life?